



## St. Stephen's Pastoral Support for Families and Pupils

At St. Stephen's we pride ourselves on the services that we have available to both families and individual pupils with regards to wellbeing. As well as the support we provide all our students through our curriculum we offer a range of additional support set out below.

We have an open door policy and if you feel that any of the services below would benefit yourself or your family, please do not hesitate to contact a member of the safeguarding team or St. Stephen's Children's Centre.

Family Support Available	Pupil Support Available
<p>Parenting Workshops including bedtime routines</p> <p>Home Visits</p> <p>Triple P Course</p> <p>Coping with Kids Course</p> <p>Freedom Programme</p> <p>ESOL Classes</p> <p>Dietician</p> <p>Wellbeing workshops - mindfulness and coffee and craft</p> <p>Zumba and Pilates</p>	<p>1:1 sessions with our pastoral manager</p> <p>Learning Mentor Support</p> <p>Wellbeing Ambassadors</p> <p>Nurture Groups</p> <p>Behaviour Support</p> <p>Feelings Box</p> <p>Circle Times</p>



St. Stephen's School  
and Children's Centre  
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We also have lots of links with external agencies who can support in more specialist areas if needed.