





STAR LEARNER QUIZ

Test your knowledge about staying safe in COVID-19

1. Which one of these is **NOT** helping you to keep safe from COVID-19?

| | | | | | |
|---|--|---|---|---|---|
| <p>A</p>  <p>Washing your hands</p> | <p>B</p>  <p>Wearing a face covering</p> | <p>C</p>  <p>Not sharing food or drinks</p> | <p>D</p>  <p>Eating healthy</p> | <p>E</p>  <p>Getting exercise</p> | <p>F</p>  <p>Having a donut</p> |
|---|--|---|---|---|---|

2. How long should you wash your hands for?

| | | | |
|---|---|---|--|
| <p>A</p>  <p>5 seconds</p> | <p>B</p>  <p>10 seconds</p> | <p>C</p>  <p>10 minutes</p> | <p>D</p>  <p>20 seconds</p> |
|---|---|---|--|

3. To limit the spread of the virus, how far away should we stay from people we don't live with or people we live with who are vulnerable?

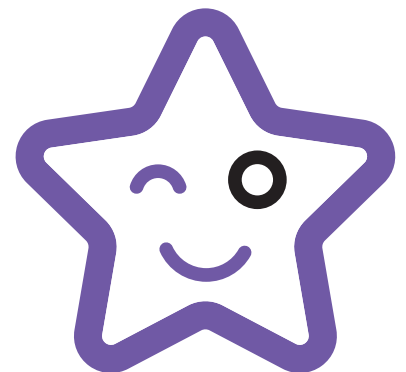
| | | | |
|---|--|--|---|
| <p>A</p>  <p>1 metre</p> | <p>B</p>  <p>2 metres</p> | <p>C</p>  <p>10 metres</p> | <p>D</p>  <p>15 metres</p> |
|---|--|--|---|

4. Why do we wear face coverings, wash our hands and keep our distance?

- A** Because COVID is spread through small droplets from one person to another and these things help stop them from spreading
- B** Because everyone looks better with their mouth and nose covered
- C** Because hugging is so 2019
- D** Because we need to give more money to people who make soap

5. You don't have to follow social distancing rules if you're in a shop or a place of worship.







| | |
|-----------------------------|------------------------------|
| <p>A</p> <p>True</p> | <p>B</p> <p>False</p> |
|-----------------------------|------------------------------|



6. Why do we open windows and doors in our homes during COVID-19 (even if it's cold)

- A** To hear our neighbours singing
- B** To test out our best hats and scarves
- C** To suck the virus out of the room
- D** To bring fresh air and make the COVID-19 droplets spread out and move away





7. What do you do if you have symptoms of COVID-19?

| | | | | | |
|---|---|---|---|---|---|
| A  Stay at home | B  Stay away from anyone you live with who is over 60 | C  Stay away from anyone you live with who is not very well | D  Get tested as soon as possible | E  Tell the people you have been near | F  All of the above |
|---|---|---|---|---|---|


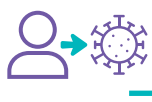

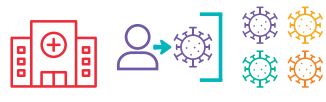
8. If you or someone you live with test positive for COVID-19, how many days should you stay at home for?

| | | | |
|--|---|---|--|
| A  10 days | B  17 days | C  12 days | D  20 days |
|--|---|---|--|

9. How many jabs does someone need to be fully vaccinated

| | | | |
|---|--|--|---|
| A  whatever you want | B  2 | C  4 | D  1 |
|---|--|--|---|

10. Why is it good to have the vaccine?

| | | | |
|--|---|--|---|
| A  People get less ill from COVID-19 | B  COVID-19 is passed around less | C  It means there will be fewer mutations | D  All of the above |
|--|---|--|---|

Name: _____
School: _____
Age: _____

