

Key Stage 2 COVID-19 Daily Schedule

Before 9:00am	Wake Up	Prepare and eat breakfast Make your bed and help any siblings to make theirs. Wash your face and clean your teeth Get dressed and put your pyjamas away.
9:00- 10:00	Morning Exercise	Have a walk, ride your bike or go to the park if you can. If you have to stay inside, put on Go Noodle or do some Yoga. Click on the PE link on Google Classroom.
10:00- 11:00	English Activities	Read a book on Bug Club. Click on the English activities on Google Classroom. Don't forget to practise your spellings.
11:00- 12:00	Maths Activities	Click on the Maths activities on Google Classroom. Don't forget to practise your number fluency and times tables.
11:00- 12:00	Creative Activities	Painting/Craft Baking/Cooking Play a board game Lego/Engineering Project - What will you make? Use things that you already have in your home.
12:00-12:30 Lunch What can you do to help get lunch ready?		
12:30- 1:00	Tidy Up	Clear and wipe the table Wash your plate and cup and put them away.
1:00- 2:00	Foundation Activities	Complete the Foundation subject activity that is on Google Classroom. Remember this is a practical and creative activity so you won't need to use a computer.
2:00- 3:00	Afternoon Exercise	Have a walk, ride your bike or go to the park if you can. If you have to stay inside, put on some music and dance with your family!
3:00- 4:00	Online games	Complete the ED Shed activities and make sure you have submitted all your work for the day.
4:00- 5:00	Quiet Time	Reading/Puzzles/Colouring Watch Newsround on CBBC
5:00-6:00 Dinner What can you do to help get lunch ready?		
6:00- 8:00	Free Time	TV/Electronics Hobbies Showers and getting ready for bed
8:00 - 9:00	Bedtime	All children who followed the daily schedule, used good manners and behaved themselves!

