

Early Years COVID-19 Daily Schedule

Before 9:00am	Wake Up	Eat breakfast Make your bed Wash your face and clean your teeth Get dressed and put your pyjamas away
9:00- 10:00	Morning Exercise	Have a walk, ride your bike or go to the park if you can. If you have to stay inside, put on some music and have a dance! Or click on the PE link on the remote learning sheet.
10:00-10:30	Phonics Activities	Sing the Jolly Phonics Songs Click on the phonics link on the remote learning sheet and record the activity in your book. Write the sound and draw a picture of something that begins with that sound.
11:00-12:00	Maths Activities	Practise counting Sing some number songs eg. 5 Little Ducks. Click on the Maths link on the remote learning sheet and record the activity in your book.
12:00-12:30 Lunch		
12:30- 1:00	Tidy Up	Clear and wipe the table and Wash your plate and cup. Do one of the Life Skills from the Remote Learning page.
1:00- 2:00	Literacy Activities	Read the Core Book - click on the link on the Reception Remote Learning Page. Record the activity in your book.
2:00- 3:00	Online Learning	I Pad Games Crickweb Maths Games
		Busy Things Bug Club
3:00- 4:00	Afternoon Exercise	Have a walk, ride your bike or go to the park if you can. If you have to stay inside, put on some music and dance!
4:00- 5:00	Quiet Time	Reading Colouring
		Puzzles Baking
5:00-6:00 Dinner		
6:00- 7:00	Free Time	TV/Electronics Hobbies Showers and getting ready for bed
7:00-8:00	Bedtime	All children who followed the daily schedule, used good manners and behaved themselves!