

## ONLINE SAFETY NOTICE

Parents, at a time when all children are accessing their home learning from an electronic device. It is imperative that we ensure that children are staying safe online.

Did you know that the recommended screen time for children is a **maximum of two hours per day**. This should be split up to allow yourself a break in between. For younger children, age 2 to 5, the recommended limit is one hour per day.

Parents please:

- 1) Check the websites your children are using are safe and age appropriate - St. Stephen's cannot be responsible for external website content.
- 2) Keep privacy settings as high as possible.
- 3) Remind children they must NEVER give out their personal information (address, email, phone numbers)
- 4) Remind children that people online are not always who they say they are - Do NOT become friends with people they do not know.
- 5) Remind children that if they see anything online that makes them worried or uncomfortable to tell an adult straight away.

You can find more information from the links below.

<https://www.saferinternet.org.uk/advice-centre/parents-and-carers>

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/>

- [Internet matters](#) - for support for parents and carers to keep their children safe online
- [London Grid for Learning](#) - for support for parents and carers to keep their children safe online
- [Net-aware](#) - for support for parents and careers from the NSPCC
- [Parent info](#) - for support for parents and carers to keep their children safe online
- [Thinkuknow](#) - for advice from the National Crime Agency to stay safe online
- [UK Safer Internet Centre](#) - advice for parents and carers