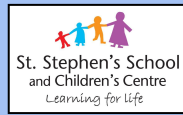


# Transformations- Resilience -Year 6



## Speaking Frame

People overcome their problems by...

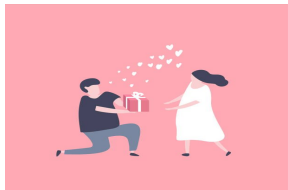
People show optimism by....

## Questions & Discussions

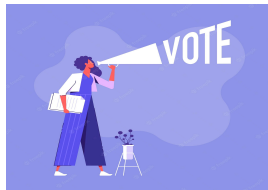
Name different ways in which you can show appeasement

Who inspires you to be aspirational?

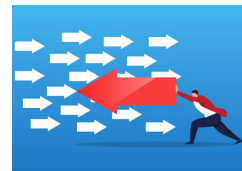
Appeasement



Suffrage



Resistance



## Writing Frame

People show resistance when....

An irrepressible person will demonstrate..... behaviours because.....

Optimism



Foresight



Perspective



## Partner Talk

Tell your partner about a time you had to resolve a conflict.

Tell your partner about a time you appeased someone.

Aspirational



Overcome



Irrepressible



## Things I can control

My behaviour  
My effort  
My reactions  
The friends I choose  
Taking care of myself  
Asking for help

## Year 6 - Healthy Mind



## Key Vocabulary

Attitude  
Growth Mindset  
Positivity  
Success  
Communication  
Support  
Self - Care  
Preparation

## Being Healthy



## Sentence Starters if I need to speak to an adult

Please can I speak to you at play time?  
I've got a problem, when can I talk to you?  
I'm feeling worried and I want to talk about it.  
Can you help me with something?

## Emotions

Optimistic  
Determined  
Confident  
Pride  
Enthusiastic  
  
Anxious  
Nervous